

HOW TO SAFELY REMOVE GLOVES

PROTECT YOURSELF FROM CONTAMINATION BY PROPERLY REMOVING YOUR GLOVES



1



1. KEEP BOTH HANDS GLOVED. GRASP THE TOP OF ONE HAND AT THE TOP OF THE WRIST. DO NOT TOUCH YOUR SKIN!

2



2. PEEL THE GLOVE AWAY FROM YOUR BODY FROM WRIST TO FINGERTIPS. AS YOU REMOVE THE GLOVE, ROLL IT INSIDE OUT.

3



3. HOLD THE REMOVED GLOVE IN YOUR GLOVED HAND.

4



4. WITH YOUR UNGLOVED HAND, PEEL OFF THE SECOND GLOVE BY INSERTING 2-3 FINGERS INSIDE THE GLOVE AT THE WRIST. DO NOT TOUCH THE OUTSIDE OF THE GLOVE.